

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Malt Wheaties Toast Apple/Banana	Cornflakes Tea cakes Kiwi/Raisins	Weetabix Fruit bread Grapes/melon	Rice Krispies Toast Pineapple/Pear	Malt Wheaties Crumpets Melon/Blueberries.
<b>Lunch</b>	Jacket Potatoes Cheese and Beans Or Tuna and sweetcorn	Chicken and Lentil curry with rice and naan bread  Lentil curry	Spaghetti Bolognese  Vegetable Bolognese	Roast of the Week Roast Potatoes Vegetable  Mushroom Loaf	Fresh Fillet of Cod Parmentier Potatoes Garden Peas
<b>Lunch Pudding</b>	Petit filous Yoghurt	Fruit jelly	Winter Fruit Salad	Banana and Raisin Oak Cake	Homemade Jam Tarts
<b>Tea</b>	Assorted Sandwiches	Ham and cheese crackers with Vegetable crudites.	Fish finger wrap with cucumber, tomatoes, and lettuce.	Crumpets, Humous and Cream Cheese.	Beans on Toast
<b>Tea Pudding</b>	Fresh Fruit	Fresh Pineapple.	Angel delight.	Natural Yoghurt and Peaches	Fresh Fruit